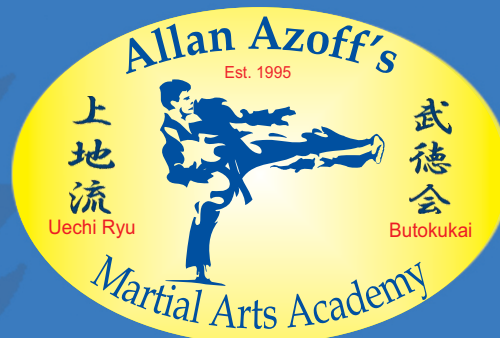


Self Control

Spirit  
Health



Integrity  
Perseverance

Confidence

Calm

## 2019 / 20 Late Summer, Fall, Winter, Spring Class Schedule

Schedule Begins September 9th, 2019  
Sparring Begins the week of September 16th

### Monday

- 4:45PM All Ranks Ages 5-7
- 5:30PM Purple, Red & Green Belts 8-12
- 6:15 PM White & Yellow Belt Ages 8-12
- 7:00PM Adult Class - All Ranks

### Tuesday

- 5:30 PM White & Yellow Belt - Ages 8-12
- 6:15 PM Teen Class
- 7:00PM Junior Black Belt
- 7:45PM Adults Class - All Ranks

### Wednesday

- 4:45PM All Ranks Ages 5-7
- 5:30PM Purple, Red & Green Belts 8-12
- 6:15PM Junior Black Belt
- 7:00PM Brown Belt Ages 8-12

### Thursday

- 5:30PM White & Yellow Belt Age 8-12
- 6:15PM Teen Class
- 7:00PM Adults Class - All Ranks
- 8:00PM Teen & Adult Sparring

### Friday

- 4:45PM All Ranks Ages 5-7
- 5:30PM Purple, Red & Green Belts 8-12
- 6:15PM Jr BB & Brown Belt Ages 8-12
- 7:00PM Yellow Belt & Above - Sparring

### Saturday

- 9:00AM All Ranks Ages 5-7
- 9:45AM All Ranks Ages 8-12
- 10:30AM Teen & Adult All Rank Class